The Good News

St. Ignatius of Loyola

St. Ignatius Loyola was born in 1491, one of 13 children of a family of minor nobility in northern Spain. As a young man Ignatius Loyola was inflamed by the ideals of courtly love and knighthood and dreamed of doing great deeds.

But in 1521 Ignatius was gravely wounded in a battle with the French. While recuperating, Ignatius Loyola experienced a conversion. Reading the lives of Jesus and the saints made Ignatius happv and aroused desires to do great things. Ignatius realized that these feelings were clues to God's direction for him.

Over the years, Ignatius became expert in the art of spiritual direction. He collected his insights, prayers, and suggestions in his book the Spiritual Exercises, one of the most influential books on the spiritual life ever written. With a small group of friends, Ignatius Lovola founded the Society of Jesus, or the Jesuits. Ignatius conceived the Jesuits as "contemplatives in action." This also describes the many Christians who have been touched by Ignatian spirituality.

http://www.ignatianspiri tuality.com/ignatianvoices/st-ignatiusloyola/

SECOND ARTICLE

Inigo de Loyola was born in 1491 in Azpeitia in the Basque province of Guipuzcoa in northern Spain. He was the youngest of thirteen children. At the age of sixteen years he was sent to serve as a page to Juan Velazquez, the treasurer of the kingdom of Castile. As a member of the Velazquez household, he was frequently at court and developed a taste for all it presented, especially the ladies. He was much addicted to gambling, very contentious, and not above engaging in swordplay on occasion

Inside this issue:

Church Staff and Vestry Members	4
Summer Office Hours	4
EChO Summer Lunches	Ę
Rodeo and Movies	(
Book Club	10
EChO Needs List	13
Calendar	15

Special points of interest:

- Canon Douglas
- Evergreen Rodeo
- Movie Night
- Thank you from the Park's
- Pirate Tea at Hiwan Homestead

St. Ignatius of Loyola, continued

In fact in a dispute between the Loyolas and another family, Ignatius and his brother plus some relatives ambushed at night some clerics who were members of the other family. Ignatius had to flee the town. When finally brought to justice he claimed clerical immunity using the defense that he had received the tonsure as a boy, and was therefore exempt from civil prosecution. The defense was specious because Ignatius had for years gone about in the dress of a fighting man, wearing a coat of mail and breastplate, and carrying a sword and other sorts of arms - certainly not the garb normally worn by a cleric. The case dragged on for weeks, but the Loyolas were apparently powerful. Probably through the influence of higher-ups, the case against Ignatius was dropped.

Eventually he found himself at the age of 30 in May of 1521 as an officer defending the fortress of the town of Pamplona against the French, who claimed the territory as their own against Spain. The Spaniards were terribly outnumbered and the commander of the Spanish forces wanted to surrender, but Ignatius convinced him to fight on for the honor of Spain, if not for victory. During the battle a cannon ball struck Ignatius, wounding one leg and breaking the other. Because they admired his courage, the French soldiers carried him back to recuperate at his home, the castle of Loyola, rather than to prison.

His leg was set but did not heal, so it was necessary to break it again and reset it, all without anesthesia. Ignatius grew worse and was finally told by the doctors that he should prepare for death.

On the feast of Saints Peter and Paul (29 June) he took an unexpected turn for the better. The leg healed, but when it did the bone protruded below the knee and one leg was shorter than the other. This was unacceptable to Ignatius, who considered it a fate worse than death not to be able to wear the long, tight-fitting boots and hose of the courtier. Therefore he ordered the doctors to saw off the offending knob of bone and lengthen the leg by systematic stretching. Again, all of this was done without anesthesia. Unfortunately, this was not a successful procedure. All his life he walked with a limp because one leg was shorter than the other.





St. Ignatius of Loyola, continued

During the long weeks of his recuperation, he was extremely bored and asked for some romance novels to pass the time. Luckily there were none in the castle of Loyola, but there was a copy of the life of Christ and a book on the saints. Desperate, Ignatius began to read them. The more he read, the more he considered the exploits of the saints worth imitating. However, at the same time he continued to have daydreams of fame and glory, along with fantasies of winning the love of a certain noble lady of the court, the identity of whom we never have discovered but who seems to have been of royal blood. He noticed, however, that after reading and thinking of the saints and
Christ he was at peace and satisfied. Yet when he finished his long daydreams of his noble lady, he would feel restless and unsatisfied. Not only was this experience the beginning of his conversion, it was also the beginning of spiritual discernment, or discernment of spirits, which is associated with Ignatius and described in his Spiritual Exercises.

The Exercises recognize that not only the intellect but also the emotions and feelings can help us
 to come to a knowledge of the action of the Spirit in our lives. Eventually, completely converted

from his old desires and plans of romance and worldly conquests, and recovered from his wounds enough to travel, he left the castle in March of 1522.

He had decided that he wanted to go to Jerusalem to live where
our Lord had spent his life on earth. As a first step he began his journey to Barcelona. Though he had been converted completely from his old ways, he was still seriously lacking in the true spirit of charity and Christian understanding, as illustrated by an encounter

he had with a Moor on his way. The Moor and he came together on

the road, both riding mules, and they began to debate religious

matters. The Moor claimed that the Blessed Virgin was not a virgin in her life after Christ was born. Ignatius took this to be such an insult that he was in a dilemma as to what to do. They came to a fork in the road, and Ignatius decided that he would let circumstances

direct his course of action. The Moor went down one fork. Ignatius

let the reins of his mule drop. If his mule followed the Moor, he would kill him. If the mule took the
other fork he would let the Moor live. Fortunately for the Moor, Ignatius' mule was more charitable
than its rider and took the opposite fork from the Moor.

He proceeded to the Benedictine shrine of Our Lady of Montserrat, made a general confession, and knelt all night in vigil before Our Lady's altar, following the rites of chivalry. He left his sword and knife at the altar, went out and gave away all his fine clothes to a poor man, and dressed himself in rough clothes with sandals and a staff.

Learn more about St. Ignatius of Loyola at:: http://norprov.org/spirituality/lifeofignatius.htm

Join the Theological Inquiry class led by Fr. Mark using Frederick Buechner's book "Wishful ThinkING: A THEOLOGICAL ABC". THE CLASS IS HELD IN STEWART LOUNGE (IN ST. MARK'S) BETWEEN SUNDAY SERVICES
FROM 9:00 to 10:00.



Lectio Divina will be held on July 6th at 9 AM

Summer Services in the Meadow 10:15 2nd Sunday of each month Cookout for all to follow at 11:30 Join us on July 14th!!!

Church of the Transfiguration Staff and Vestry

Priest in Charge - The Rev. Mark Norris marknorris@juno.com

303-674-4904 ext. 11

Parish Administrator—Jerri Avery,

303-674-4904

Organist & Choir Director—Bob Coursen, 303-674-4904

Director of Children's Ministries—Janet Reznik, 303-674-9253

Building & Grounds Administrator—

Ken Schmidt, 303-598-6128



Page 4 THE GOOD NEWS

SOUP'S ON, EChO Stone Soup

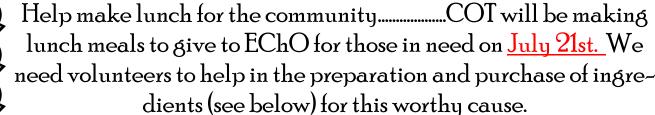


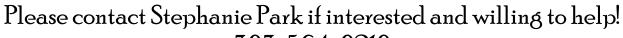


Soup Ministry

Homemade soups in the freezer are available for parishioners and friends that are sick, shut-in or need some TLC. Feel free to give soup to someone you see at church that is hurting, or take soup to someone you are going to visit. The soups are in the freezer on the east wall of the kitchen.

RERERERERERERERE







RRRRRRRRRRRRRR

Garden Tuna Salad for Sandwiches

- 125 ounce(s) SOLID LIGHT CANNED TUNA, drained
- 8 1/3 cup(s) CHOPPED FENNEL
- 8 1/3 GRANNY SMITH APPLE, cored and chopped
- 8 1/3 cup(s) MAYONNAISE
- 8 1/3 tablespoon(s) PARSLEY VINAIGRETTE
- 8 1/3 tablespoon(s) LEMON JUICE
- 12 1/2 teaspoon(s) FENNEL SEEDS
- 8 1/3 teaspoon(s) GROUND CORIANDER
- 8 1/3 teaspoon(s) LEMON ZEST
- 8 1/3 teaspoon(s) SEA SALT

Combine the tuna, fennel, apple, mayonnaise, vinaigrette, juice, fennel seeds, coriander, zest, and salt and toss well.



Thank you to all who helped and

participated in the

Evergreen Rodeo

Parade!

And A HUGE THANK YOU TO *JERRI AND ALEX AVERY!!!!*







Transfiguration Movie Night Enjoy the cinema with friends and family

Tuesday, July 2nd—7:00 PM

Open to the community! BYOB

"Get Low" with Bill Murray, Robert Duvall, Sissy Spacek



Charles Winfred Douglas

Many Episcopalians recognize the name Charles Winfred Douglas because of his contributions to the music which is such an important part of worship. The 1982 hymnal includes eight hymns which Canon Douglas either arranged, harmonized or composed the music for. In the late 1930s, Canon Douglas worked for three years as a member of the Joint Commission which developed the Hymnal 1940, and spent several more years editing the hymnal. He is also remembered for his long association with the Episcopal Sisters of St. Mary in Kenosha, WI and Peekskill, NY, and for his studies of ancient medieval plainsong chant which led to the introduction of plainsong settings for hymns and service music in Episcopalian worship.

Those associated with the Episcopal Church of the Transfiguration in Evergreen have additional reasons to remember Winfred Douglas. In the early 1890s, Douglas, born in 1867 and a graduate of Syracuse University and St. Andrew's Divinity School in Syracuse, had been ordained a deacon in the Episcopal Church, and was serving as curate at the Church of the Redeemer in New York City, in charge of music. In 1894 he was called by Dean Hart of the Cathedral Church of St. John in the Wilderness in Denver to be a canon, working with the music program. Shortly after his arrival in Denver Canon Douglas, who suffered from chronic respiratory illness throughout his life, was confined to a sanitarium to recover from an attack. There he was treated by Dr. Josepha Williams, the daughter of Mary Neosho Williams, a Civil War widow who had moved to Colorado with her daughter after the Civil War and become a strong supporter of efforts to establish and grow the Episcopal Church in Colorado.

Dr. Jo and Canon Douglas were married in 1896, and made their home at Camp Neosho, now the Hiwan Homestead Museum, which had been established earlier by Dr. Jo and her mother. Canon Douglas was ordained a priest at the Mission of the Transfiguration, now Church of the Transfiguration, on August 6, 1899, the day of the Feast of the Transfiguration.

Canon Douglas, continued

Canon Douglas established a Music School in Evergreen in 1907. This school evolved to become the Evergreen Conference, a nationally renowned gathering of leaders in theology, worship and music, which was held annually for may years in the buildings on the hill across Highway 74 from Church of the Transfiguration.

Canon Douglas and his wife traveled widely and frequently during the first decades of the twentieth century, in the United States and Europe, in pursuit of his musical research and studies, but they returned to Evergreen for all but a few summers. Dr. Jo died in 1938, and Canon Douglas died in 1944.

Sources:

From These Hills, 1971, by Garven Dalglish

Church of the Transfiguration Centennial Year, 1999, by Ruth Steele Brookfield

Evergreen Our Mountain Community, Third Edition, 2004, by Gene and Barbara Sternburg

On Sunday, August 4, 2013, the Church of the Transfiguration - Episcopal will celebrate the Feast of the Transfiguration at the 10:15 a.m. Eucharist Service. The service will serve to remember and honor the legacy of Canon Charles Winfred Douglas on this anniversary of his ordination on the Feast of the

Transfiguration in 1899. All are welcome to come celebrate this wonderful man.

Following the service, appetizers and tours of the buildings will be provided. The Hiwan Homestead Museum will also be open on this day from 11:00 to 5:00.

Thank you from Eric and Stephanie Park













More pictures to come!!!

The Transfiguration Book Club

Monday, July 20th from 6:30—9:30 PM in the Church

The July Book is: *A Moveable Feast* by Ernest Hemingway—(carry over from June Meeting)

All are invited to join in on this fun and interesting group—ladies AND gentlemen!

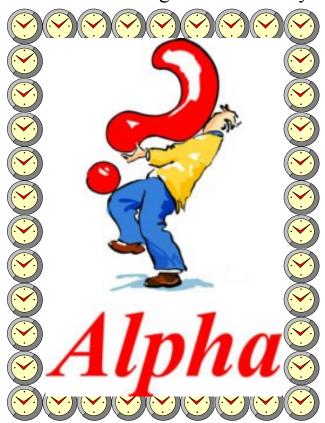
Even if you have never come to any of the meetings before, please come.....and bring friends!

Please bring a snack and drink to share

If you have question or concerns, email Shelley Black—Shelley_Black@att.biz Kit Snyder—snyderkit@hotmail.com



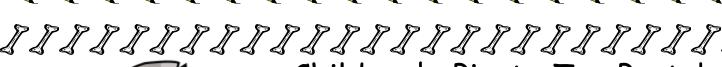
Bring your friends! -- we would like to grow our attendance to include others in the Evergreen community.

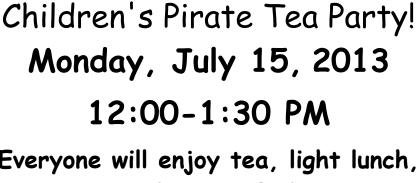


June 17, 2013

Meeting about Haiti project

ALL PARISHIONERS ARE WELCOME TO SIT IN ON THEOPEN SESSIONS OF THE VESTRY MEETINGS.





Everyone will enjoy tea, light lunch, and pirate fun!

Hiwan Homestead Museum

4208 S. Timbervale Drive Evergreen Children 6-12 \$8.00 per child Reservations required 720-497-7650





The Bishop is Coming......

November 10th



Prayers

Anointing and Healing Prayers

Anointing and healing prayers are offered by Father Mark and the Daughters of the King during the 10:15 service on the last Sunday of each month. All are welcome to come to the front of the church after communion for this special offering. This month the prayers will be on July 28th.

Morning Prayer Service

sponsored by the Daughters of the King and in fellowship with EDSE is offered on WEDNESDAY mornings at 8:30 AM in the church. The Daughters and Friends of the Episcopal Day School extend an invitation to all to attend this wonderful service. Please feel free to walk the Labyrinth after.

Evening Prayer Service

also sponsored by the Daughters of the King is offered on the second and fourth Mondays of each month at 5:30 pm in the Chapel of St. Mary and St. Joseph. The next Evening Prayer services will be July 8th and 22nd.

JULY 2013 Page 12



Evergreen Christian Outreach

Needs List-July 2013

Small Peanut Butter Toothpaste

Hearty Soups Canned Refried Beans

Mac & Cheese Toilet Paper

Chili Canned Chicken Cold Cereal

Razors Canned fruit

Laundry Detergent Tooth Brushes

Dish Liquid Soap Canned Mixed Vegetables

Fruit Cups Bar Soap

Whole Grain Pasta Razors

Toothbrushes Canned Ravioli and Spaghettios



Rugs, Lamps Home Decor

Pots & Pans Arts & Crafts Supplies

Adult Clothing Accessories King & Queen Bedding

Children's Shoes Blenders, Toasters, Microwaves

Tarps Summer Clothing for All

Umbrellas Small Kitchen Appliances

Note: No after hours donations accepted due to fire and safety requirements. Thank you for your cooperation and your donations.

Volunteers Always Needed!

Call: 303-670-1796

Open Mondays 10-6

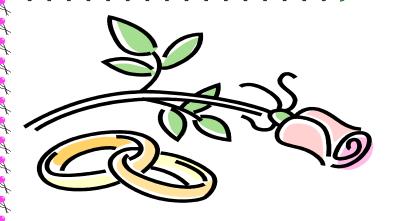
Open Tuesday, Wednesday & Thursday 10-4

JULY 2013 Page 13

Celebrate!!!

	Cetep				
July Birtho	July Birthdays Sandy Walden July 1 Alex Avery Colleen Black Laney Reznik July 5 July 5				
Sandy Walden	July 1				
Alex Avery	July 2				
Colleen Black	July 5				
Laney Reznik	July 5				
Marcia Walsh Laney Dugan Mary Ann Primrose Pat Crist	July 5				
Laney Dugan	July 6				
Mary Ann Primrose	July 6				
Pat Crist	July 11				
Anne Keen	July 20				
Raill Olluci	July 23				
Bill Houston	July 26				
Scott Keen Michelle O'Laughlin	July 26				
Michelle O'Laughlin	July 29				
Larry Kilborn	July 30				





July Anniversaries

Jon and Mary Carlson

July 15

Mike & Jerri Avery

July 26

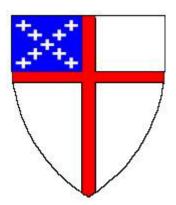


July 2013

SUNDAY	MONDAY	TUESDAY	WEDNES- DAY	THURS- DAY	FRIDAY	SATUR- DAY
	19-3 TDSE 10-4 TChO Workshop 7-10 Ever- green Chorale	2 9-3 EDSE 6-9 Evergreen Players MOVIE NIGHT	3 9-3 EDSE 8:30 Morning Prayer 6-9 Evergreen Chorale 7:30 pm AA	4	5	6 8 am AA 9 am Lectio Divina
7 8 am Holy Eucharist 9 -10 Theological Inquiry 10:15 am Holy Eucharist 1:30-6 Recital	8 9-3 FDSF 5:30 Evening Prayer 6-9 Evergreen Players	9 9-3 EDSE 6-10 EChO Board Mtg 6-7 Property Committee	8:30 Morning Prayer 9-3 EDSE 6:30 EDSE Board Meeting 7:30 pm AA	9-3 EDSE 7 pm Choir	12	13 8 am AA
14 8 am Holy Eucharist 9 -10 Theological Inquiry 10:15 am Holy Eucharist in the Meadow	9-3 EDSE 9-3 Drama Camp 5:30 Vestry	16 9-3 EDSE 9-3 Drama Camp 6-10 pm Friend- ship Bridge	17 8:30 Morning Prayer 9-3 EDSE 9-3 Drama Camp 7:30 pm AA	9-3 EDSE 9-11 EChO Workshop 9-3 Drama Camp	19 9-3 Drama Camp	20 8 am AA
21 8 am Holy Eucharist 9 -10 Theological Inquiry 10:15 am Holy Eucharist	9-3 FDSF 9-3 Drama Camp 5:30 Evening Prayer 6:30 Book Club	23 8-4:30 EChO 9-3 EDSE 9-3 Drama Camp 6-9 pm Ever- green Players	24 8:30 Morn- ing Prayer 9-3 EDSE 9-3 Drama Camp 7:30 pm AA	25 9-3 EDSE 9-10:30 EChO 9-3 Drama Camp	26 9-3 Drama Camp	27 8 am AA
28 8 am Holy Eucharist 9 -10 Theological Inquiry 10:15 am Holy Eucharist	29 9-3 EDSE	30 9-3 EDSE	8:30 Morning Prayer 9-3 EDSE 7:30 pm AA		Church Douglas Hall St. Mark's	Meadow Chapel Stewart Lounge

THE CHURCH OF THE TRANSFIGURATION

P.O. Box 1630 Highway 74 Evergreen, Colorado 80437 303-674-4904



We're on the Web! www.church-transfig.net

Newsletter Submissions

Please contact Stephanie Park(!!!!) with ideas, suggestions and monthly reports for the newsletter. Monthly reports to be submitted no later than the 22nd of each month.

sharris7911@gmail.com





Have something to add to the newsletter?!?! Please contact Stephanie (see contact information to the left).

Upcoming ideas for pages: recipe exchange, community coupons, trivia and games

ALL IDEAS WELCOME AND ENCOURAGED!!!